

CENTRAL SCHOOL



Te Kura Waenga O Ngāmotu

NAG 5 - PHYSICAL RESTRAINT POLICY

PURPOSE

The purpose of this policy is to support the use of physical restraint in accordance with the Education (Physical Constraint) Rules 2017.

DEFINITION

Physical restraint is defined as using force to prevent, restrict or subdue the movement of a student's body or part of the student's body.

POLICY

1. The use of physical restraint is limited to teachers or Board of Trustees authorised staff members.
2. The Board of Trustees will ensure that teachers and staff authorised to use physical restraint receive suitable training and support.
3. Use of physical restraint is limited to where:
 - there is reasonable grounds to believe there is a serious and imminent risk to the safety of a student or of any other person, and
 - the restraint used is reasonable and proportionate in the circumstances.
4. The physical and psychological wellbeing of any student who has been physically restrained and any staff member who has used physical restraint will be monitored and supported for the rest of the school day following an incident.
5. Any incident of physical restraint must be notified to parents or caregivers as soon as possible on the day of the incident.
6. If physical restraint is an element of a student's Individual Behaviour Plan, then this will be communicated to parents or caregivers.
7. Every incident of physical restraint will be reported to the Ministry of Education using the appropriate Ministry forms.
8. The Board of Trustees will monitor the use of physical restraint and ensure documentation about each incident is complete.

GUIDELINES

1. The Board of Trustees will comply with the Education (Physical Constraint) Rules 2017 and the Guidelines for Registered Schools in New Zealand on the use of Physical Restraint.